



Crisis House August Newsletter

□ August Adventures: News and Updates from Crisis House! □□



Welcome our new Executive Director, Kelcie Parra!

We are thrilled to welcome Kelcie Parra as the new Executive Director of Crisis House! With an impressive background in community service and leadership, Kelcie brings a wealth of experience and expertise to our organization. Her dedication to making a positive impact on the community is evident through her extensive work with various organizations, including San Diego Pride, The Arc of San Diego, Poway Center for the Performing Arts, and Special Olympics of Southern California.

We are excited to see what the future holds under Kelcie's capable leadership. Her vision, experience, and passion align perfectly with the values and mission of Crisis House. With Kelcie at the helm, we are confident that our organization will continue to thrive and make an even greater impact on the lives of those we serve.

Please join us in extending a warm welcome to Kelcie Parra as our new Executive Director. Together, we look forward to building a brighter future for our community and those in need.



Board Member Spotlight

Crisis House Board member Patricia Brown is the Community and Engagement Manager at Blue Shield of California, Promise Health Plan. She provides information and support to current and eligible Medi-Cal members and underserved populations throughout San

Diego to ensure that healthcare is affordable and accessible for all. While focusing on social drivers of health and identifying community needs and trends, her role enables her to provide resources, assets, and healthcare information to vulnerable populations in San Diego. Prior

to Blue Shield, Patty was a Program Director at a local non-profit that supports foster youth in San Diego from infancy to post-secondary education. Patty also has an extensive background in managing and developing high-quality youth programs at the YMCA of San Diego County for more than ten years. Serving at four different locations along her professional journey, she has worked with diverse communities and staff teams.

In June of 2022, she graduated from Arizona Global Campus with a master's in



Camp HOPE

Camp HOPE is a transformative program designed to help youth exposed to trauma, and domestic violence find pathways to hope and healing. Through its innovative camping and year-round mentoring initiatives, Camp HOPE America – San Diego, a program of Crisis House, is dedicated to fostering a safe, hope-driven community for young campers and their families.

Children exposed to trauma and domestic violence often face immense challenges, including increased anxiety, depression, social isolation, and a higher risk of perpetuating the cycle of violence in their own lives. Understanding these potential risks, Crisis House and Camp HOPE America have joined forces to provide a life-changing experience for young individuals, helping them break harmful cycles and envision a brighter future.

Trauma-informed mentors provide ongoing support and guidance to campers, fostering a strong sense of community and inspiring personal growth. ***“We see firsthand how powerful Camp HOPE can be in the lives of youth who have been exposed to domestic violence. Crisis House’s Camp HOPE provides a safe, fun environment to not only be a kid but learn about the power you possess to change your future and the steps to get there,”***

-Crisis House Executive Director,
Kelcie Parra.

[Click here to learn more!](#)

healthcare administration (and a 4.0 GPA!). As a recent newlywed in November of 2022, Patty can be found at Padres games with her husband Tom. She also enjoys live comedy, concerts, CrossFit, spending time with her two dogs, paddleboarding, hiking, snowboarding, attending live sporting events, and a good cup of coffee. To give back to the community, Patty volunteers regularly and sits on the board of Crisis House and The Boys and Girls Club of Greater San Diego. She passionately believes that regardless of anyone's past or current circumstances, everyone deserves the resources, support, and services to live a healthy, safe, and happy life. We are so grateful for Patty's involvement, leadership, and activism for causes like ours here at Crisis House!



Thank you to the following organizations for their generous support of Camp HOPE:

- Conrad Prebys Foundation
- Cushman Foundation
- El Cajon Lions Club
- San Diego Foundation Healthy Families and Children



What if we all gave back to our San Diego County community on one day? With the help of San Diego Gives, we can! On Thursday, September 7th, our community will unite for 24 hours of unprecedented collective philanthropy through San Diego Gives Day of Giving. By contributing, you are joining the movement to support the work of local nonprofits responding to our area's greatest needs. Help strengthen and support San Diego County nonprofit organizations like ours. You don't have to wait until September to learn more and donate by clicking the button below! Every dollar you donate helps Crisis House provide life-saving services to victims of domestic violence and those experiencing homelessness.

[Click Here for more info](#)



We're thrilled to announce and extend our heartfelt gratitude for the generous grant awarded to the Crisis House New Journey Transitional Housing Program by the San Diego County Employees' Charitable Organization. This grant will enable us to provide essential support to women embarking on new journeys by purchasing beds and furnishings, ensuring their safe and comfortable start to a brighter future. Your contribution makes a lasting impact in our community, fostering hope and empowerment. Thank you, San Diego County Employees' Charitable Organization, for helping us create meaningful change and opportunities for these women as they begin this transformative chapter of their lives.

[Click here to learn more](#)

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