



The Crisis House Connector

April 2022 Newsletter

Crisis House Celebrates Earth Day



All Together Now!

This April, we celebrate Earth Day (April 22nd) and are inspired by this year's theme, "Invest in our Planet." A green future is a prosperous future that our children will inherit and depend on throughout their lives.

For this reason, Crisis House is committed to acting (boldly), innovating (broadly), and implementing (equitably). Through our Camp HOPE programming, we create and facilitate opportunities for families and their children to engage in outdoor experiences within San Diego by covering all costs related to fees, permits, and other expenses. Each year, Camp HOPE programming hosts 15+ cost-free activities in outdoor spaces within San Diego County.

Children under the age of twelve living in San Diego County are particularly vulnerable due to the limited resources for survivors within low-income and racially diverse communities. It is our goal to confront the equity barriers that hinder a child's ability to access healing through green space, including addressing safety issues, lack of transportation, and the burden of high fees,

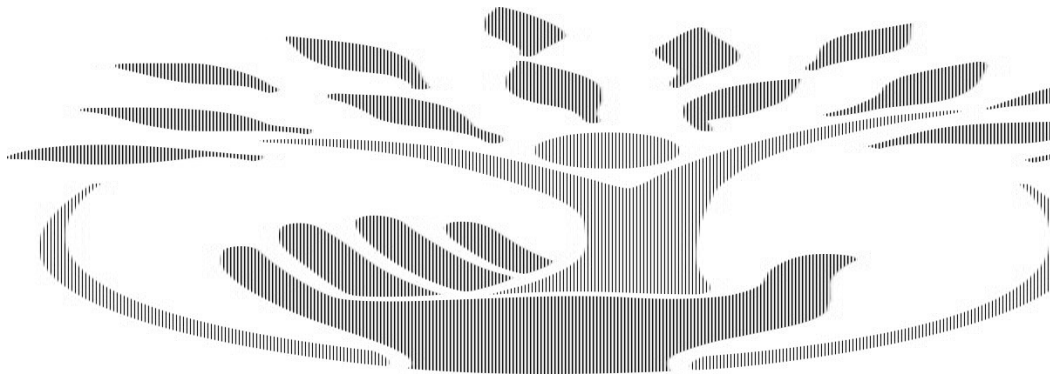
permits, and expenses.

We are so grateful to all of our amazing partnerships and generous donors that have supported our outdoor initiatives for our Crisis House families. We are especially grateful for the support from [the San Diego Foundation's Opening the Outdoors](#) grant this year!

[Click here](#) to find information on official Earth Day events, activities, and what individuals and organizations can do to make a difference.

[Click here](#) for local San Diego happenings to add to your April calendar, on and after Earth Day (April 22)!

#InvestInOurPlanet



A Veteran's Story



"We aren't too strong to ask for help..."

Crisis House takes pride in working hard to help individuals experiencing hard times. We pursue every avenue to help our clients improve their lives. Over the last month, the Homeless Outreach Team befriended "James" (pseudonym for privacy purposes) experiencing homelessness in Lemon Grove and began working to find him a housing solution.

James is an Army Veteran who has been homeless for more than three years due to the breakdown of relationships within his family. We found him living under a tarp on the side of the highway with his new puppy. We began cultivating a relationship with him and providing him with food, water, and clothing.

Crisis House helped James search for and secure a stable and pet-friendly place to live. He is grateful to our Outreach Team for helping him find a safe place to call home. It has taken a heavy load off his shoulders, allowing him to

focus on other important issues, such as addressing health problems and searching for a job.

"As vets, we aren't too strong to ask for help," James said. "The help is there for us, let's use every resource we have to make our situation better."

James is now working with his new case manager as he looks for a job and permanent housing.

[Learn more about opportunities to support our homeless programs!](#)

Camp Hope's Survivor Edition & Birch Research Aquarium!



"Come on in! Outwit. Outplay. Outlast."

Do you have what it takes to win the game of **Survivor**? This month, our Camp HOPE kids found out for themselves with the opportunity to win BIG at **De Anza Cove**! The exciting "Survivor" themed challenges, that campers triumphantly overcame, required teamwork, communication, and everyone's contribution to tackle obstacles and finish the challenge. This event focused on creating meaningful relationships with one another, while also building momentum for this year's long-awaited summer camp! Every month, Camp HOPE programming provides kids with various trauma-informed activities and ongoing mentorship leading up to our annual week-long summer camp experience!

Camp HOPE also had the opportunity to learn all about marine life, thanks to the **Birch Research Aquarium**! As we toured the aquarium and learned about marine creatures that intrigued the kids, we used our creative skills to draw them and present our artwork to the group! Developing public speaking skills is critical in children who have been abused or have experienced domestic violence abuse, as they tend to shy away from the spotlight rather than thrive in it!

"I have been at camp hope for 5 years and nothing has been more impactful on my life than being here." – Donny (Camp HOPE participant)

Crisis House prioritizes the needs of our community's children through Camp HOPE. This program provides trauma-informed camperships, year-round mentorship, counseling, and other activities to 125 children each year. This cost-free programming provided to underserved children in San Diego has a reputation of accomplishment in healing children struggling with the effects of trauma as a result of domestic violence.

[Learn more about opportunities to support Camp HOPE!](#)





India Phillips's Birthdays are back!



It's time to celebrate!

Thanks to the India Phillips Foundation, our birthday parties are back on!!

Crisis House has been a proud partner of the India Phillips Foundation for various years. The Foundation was created to honor India Phillips, a 4-year-old little girl, who was exceptionally giving. India's memory continues to inspire the Foundation to "spread the love" as she so often did. At Crisis House, the India Phillips Foundation helps to spread the love by hosting quarterly birthday celebrations for the children in our program.

On May 1st, we will be celebrating all birthdays from March to May for Crisis House children aged 1 through 17 years! For many children having experienced domestic violence abuse, birthday parties are an important part of the healing process. We are proud to be able to create joyful memories here at Crisis House.

We are so grateful to count the India Phillips Foundation among our friends.

Star Supporter Spotlight

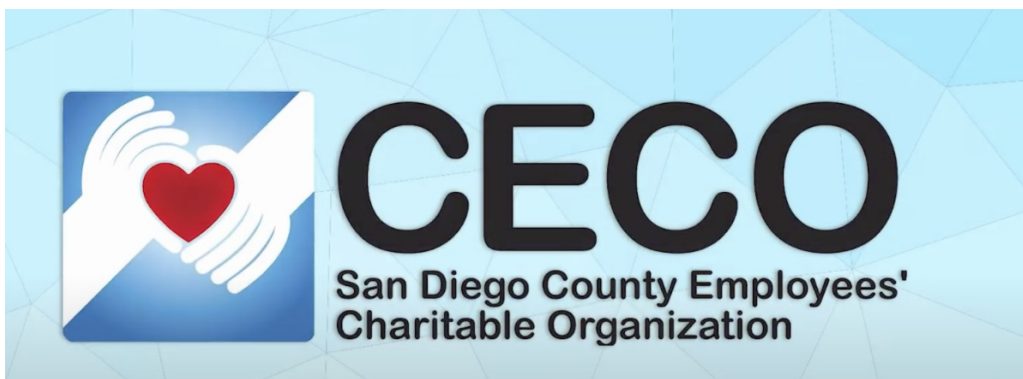


We are grateful to **the San Diego County Employees' Charitable Organization (CECO)** for their continued support and generosity toward Crisis House.

This year, **the San Diego County Employees' Charitable Organization (CECO)** has funded various furniture items, including mattresses, tables and chairs, lamps, and a sofa for the women and children fleeing from domestic violence abuse in our transitional housing program.

CECO continues to make a significant difference in our Domestic Violence programming and in supporting our mission of serving those who need it most within our community.

Thank you CECO for your continued partnership.



Remember to Follow us on Social Media... and Happy Easter!

Follow us!

Here's a reminder to [follow](#) and "[like](#)" us on social media! We are on Facebook, Instagram, LinkedIn, and Twitter. Click on the icons below to join in on the action online! We'd love to share our stories with you.

Please [share](#) our posts with your community, as well!



*Crisis House remains committed to serving those experiencing
homelessness and domestic violence abuse at:*

**9550 Cuyamaca Street Suite 101
Santee, CA 92071**

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