



# Crisis House

## FORTY-FIFTH ANNIVERSARY!

### CRISIS HOUSE IS CELEBRATING ITS FORTY-FIFTH ANNIVERSARY!



Mary Case - Crisis House  
Executive Director

### A MESSAGE FROM THE DIRECTOR

Welcome to our first newsletter since my arrival as the new Executive Director of Crisis House on July 2, 2012. It has been an exciting and very busy three years. I feel honored to be the leader of this vital agency that has been a cornerstone provider of human services in the east county for 45 years. Crisis House serves nearly 20,000 households each year and solves homelessness for 88% of those who graduate from our transitional housing programs. We are very proud to announce that our New Journey housing program serving women and children who are victims of domestic violence was the highest scoring housing project in San Diego County during the most recent Regional Continuum of Care scoring and ranking process. Kudos to Pat and Susie for

their commitment and dedication to these families and to our partner Soroptomist International of Poway and Rancho Bernardo.

We added a new housing program for Veteran families this year. We provide them with case management and financial assistance to move into their own permanent housing. We also hosted another successful East County Project Homeless Connect event at the Ronald Reagan Community Center on April 17, 2015. (see more on page 4)

Please visit our new website at [www.crisishouse.org](http://www.crisishouse.org). We are sporting a new logo too. I hope you like it.

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## OUR MISSION

To respond immediately to break the cycle of poverty, domestic violence, and homelessness and strengthen families and individuals so they can thrive and transform their lives.

We accomplish our mission by promoting self-sufficiency through case management and life-saving food, healthcare, housing and other critical services in partnership with our community.

## FISHING CAMP

Big fun was had by all at the Fourth Annual San Diego Bassmasters Fishing Camp benefiting the families of the Crisis House New Journey Transitional Housing program on Sunday June 28, 2015. Starting at 8am, everyone got breakfast and then each child was given their very own tournament bass fisherman as a personal mentor to teach them how to fish. After an exciting morning of outsmarting fish, a



BBQ lunch, trophy presentation and the gift of a rod and reel to every child ended the event on a successful note.



Sponsors for the event (as seen to the left) were San Diego Bassmasters led by Crisis House Board member Ron Overmann with support from the San Diego Council of Bass Clubs, El Cajon Fords SD Team Series, Sleight Consultants, Shakespeare Fishing Equipment, and Barnacle Bill's Bait and Tackle.

**We would like to thank them for their continued support!**

## SUPPORTIVE SERVICES FOR VETERAN FAMILIES (SSVF)

Crisis House, Volunteers of America Southwest and United States Department of Veteran Affairs have partnered together to provide stable housing opportunities for veterans and their families. Supportive Services for Veteran Families (SSVF) is a housing assistance program that promotes housing stability among very low-income veteran(s) and their families. With this grant, Crisis House is able to provide financial assistance in the form of rent and security deposits depending on the needs of our veteran and their families. Once our support ends each individual veteran has increased their income, maintained employment and secured safe, affordable housing.

Crisis House would like to introduce Roger P. Douglas and Dolores Knight, the dynamic duo working on the current SSVF grant.



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Our New Journey Domestic Violence Program was recently awarded highest scoring project in San Diego County during the most recent Regional Continuum of Care Council 2015 Renewal Project Local Ranking Process!

## SUCCESS STORY

Arce spent years with her husband who she believed loved her, although he physically hurt her. One night's violence put Arce and one of her daughters in the hospital. Her teenagers begged her to leave. Alone with her teens, she fled her community, job and home with nothing. She came to San Diego and took up residence in an emergency shelter. Her family spent days looking for transitional housing.

**Crisis House** responded immediately with subsidized housing and provided food and other resources necessary for Arce to reestablish life for herself and her children. Arce found employment, and peace of mind through case management support counseling and mentoring.

Today, Arce and her family feel renewed. She accepted a job promotion. She can afford to live on her own with her three daughters; one of whom received a college scholarship for academic performance.



## PROJECT HOMELESS CONNECT



Our annual Homeless Project Connect event occurred on April 17, 2015. This event enabled us to connect over 125 homeless people in the East County region to services such as haircuts, hygiene kits, legal aid, healthcare, counseling, dental assistance and access to housing, employment services and more.

## ADOPT-A-HOUSING UNIT PROGRAM

**An ideal project for a congregation, ministry or service club.**

Crisis House provides transitional housing for women and their children who are victims of domestic violence and rental assistance to veteran families. These families need your help to provide furnishings to set them up for success in their new permanent home in the community. Contact Pat Zamora at 619-444-3133 for more information.

### Calling all Landlords!

Our veterans need the support of landlords who are willing to rent to them and negotiate or even forgive the common requirement of 2.5 times the rent at move in and high credit scores. Contact Dolores Knight at 619-219-8989 if you can help.

## Volunteer of the Month

Crisis House is proud to announce Monica Duncan as our 2015 Fall Quarterly Volunteer. Monica came to Crisis House as an intern in February and has continued voluntarily. Monica is willing to do whatever is needed and truly embodies the spirit of helping the less fortunate in the community. For this reason Crisis House has chosen Monica Duncan as our first Quarterly Volunteer. Thanks Monica for all your hard work and commitment.



## SEEKING DONATIONS

For more information please look at food drive flyers which can be found on our website.

- Holiday gift cards
- Pop top food items
- Non perishable food items
- Travel size Hygiene Kits

# Crisis House

Respond. Connect. Renew  
[www.CrisisHouse.org](http://www.CrisisHouse.org)

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